



# How our first people lived sustainably?

## Instructions

This activity should take students approximately 30 minutes to complete.

After watching the video, teachers can use these questions to facilitate class discussion or provide students time to research and answer.

## Reflect, research and answer

1. What natural items do Wadawurrung people use as utensils?
2. In Wadawurrung language what word or name is used for the black swan, magpie and wedgetail eagle?
3. What bone is used to make a needle to sew skins together?
4. What are kangaroo skins used for?
5. What does Reconciliation Week mean to you and what do you think it means to Aboriginal Australians and Torres Strait Islanders?
6. What does sustainability mean to you and based on the lessons from our first people, how might we live more sustainably today?